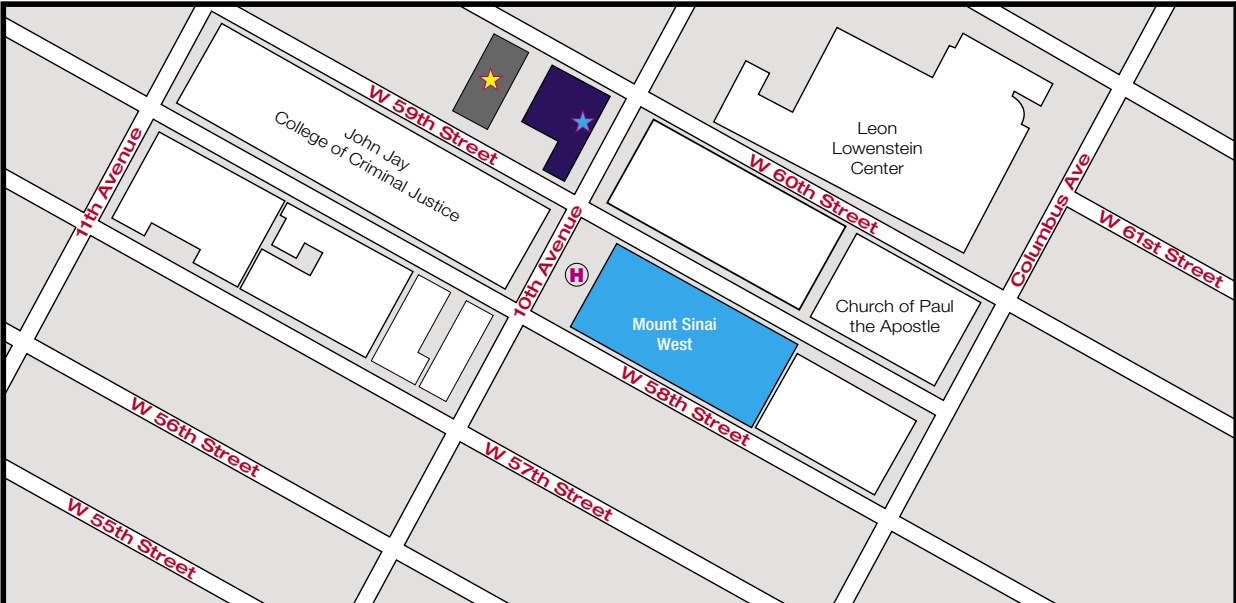


Icahn
School of
Medicine at
Mount
Sinai

**Internal
Medicine
Residency
Program at
Mount Sinai
St. Luke's &
Mount Sinai
West**

2018-19

Mount Sinai St. Luke's & Mount Sinai West Campus Maps



★ Resident Housing — 515 West 59th Street

★ Resident Housing — 10 Amsterdam Avenue

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Introduction To Our Program



Dear Senior Medical Student:

Welcome and thank you for visiting the Mount Sinai St. Luke's and Mount Sinai West Internal Medicine Residency Program—part of the Graduate Medical Education Program of the Mount Sinai Health System located in New York City. From our dedicated faculty to our diverse patient population, our residency program has all the necessary components to train the outstanding internist and medical specialists of tomorrow.

We are a hospital with a strong history and tradition of serving the community while being rooted in a rigorous, academic training program. We pride ourselves in turning out compassionate physicians who use evidence-based medicine to treat the whole patient. We start with a program that provides much more than the basics of Internal Medicine training. Through rotations on the inpatient wards and outpatient clinics, you will learn how to think like a twenty-first century physician and how to provide the very best care.

In addition to the excellent clinical training in Internal Medicine, our residents are exposed to a diverse group of patients and wide-ranging set of complex medical problems. Our residents get their inpatient clinical training at two large hospitals—Mount Sinai St. Luke's located on the Upper West Side and Mount Sinai West near Columbus Circle. In addition, residents have the opportunity to rotate through Memorial Sloan Kettering Cancer Center. The outpatient rotations are at three Federally Qualified Health Care sites in Manhattan. Dedicated time is spent in our Ambulatory Care blocks, providing continuity of care for patients who in many cases have been underserved by the health care system.

In addition to clinical experiences during the three years at Mount Sinai St. Luke's and Mount Sinai West, our residents have the opportunity to conduct research and develop quality improvement projects all under the guidance of faculty mentors. The hope is to develop a robust research portfolio and well-rounded elective education prior to graduation.

Finally, being part of the Icahn School of Medicine at Mount Sinai brings you additional resources and opportunities. You can do clinical research and electives at sister hospitals during your second and third year and tap into the rich faculty research portfolio. The Mount Sinai Health System, our parent

organization, is an integrated health system structured around seven member hospital campuses and a single medical school, giving an unprecedented breadth of system-wide exposure to the trainee and a robust continuum of care for patients. St. Luke's and West are members of this network of hospitals.

We believe that the greatest testament to our success is that so many of our graduates either remain to pursue fellowship training at our institution or return to become full-time faculty members. So whatever your plans for the future, be it a career in primary care, hospital medicine, academics, further subspecialty training or even a career in government or industry, we will provide you a solid foundation in Internal Medicine and the opportunities for development within your chosen career line.

John Andrilli, MD

*Director, Internal Medicine Residency Program
Mount Sinai St. Luke's & Mount Sinai West*

Samuel L. Seward, Jr., MD

*Chair, Department of Medicine
Mount Sinai St. Luke's & Mount Sinai West*

David C. Thomas, MD, MHPE

*Vice Chair for Education, Department of Medicine
Mount Sinai Health System*

Barbara Murphy, MD

*Chair, Department of Medicine
Mount Sinai Health System*



Why Choose Our Residency Program



By now, you've no doubt read a lot of material about residency programs. Much of it, probably, is beginning to sound the same. How is our program different? We point to our unique history, our location, our diversity of experience, our innovative curriculum including a comprehensive wellness program, and our emphasis on mentoring and professional development as elements that make us stand out from the crowd.

HISTORY AND TRADITION

For more than 150 years St. Luke's Hospital has served New Yorkers living on the Upper West Side. Twenty-one years after the establishment of St. Luke's, Roosevelt Hospital was founded. The two storied institutions were brought together in a merger in 1979, forming St. Luke's-Roosevelt Hospital. SLR, as it was known, joined with Beth Israel Hospital as part of the Continuum Health Partners merger in 1997. In 2013, Mount Sinai and Continuum joined forces to create the Mount Sinai Health System. Two years later, Roosevelt was renamed Mount Sinai West and both it and St. Luke's remain active and vital members of the health system.

The two institutions have a rich history of scientific breakthroughs and of serving the community. St. Luke's was one of the first hospitals in New York City to begin ambulance service and was the first to establish an obesity research center in the United States funded by the National Institutes of Health. West is a leading center for orthopaedic surgery and endovascular neurosurgery. Both institutions have been providing primary care to New Yorkers along the Upper West Side for generations.

LOCATION

The Upper West Side is an excellent catchment area for a diverse patient population as well as an exciting and vibrant place to live. Our patients range from CEOs to the homeless; we care for patients from every ethnicity, nationality, sexual orientation and religious background. It is that diversity that brings us an extraordinarily rich educational experience—one that most residents don't see until much later in their training or their careers.

In addition, the Upper West Side of Manhattan is a fabulous place to live. You are surrounded by parks with Central Park to the east, Riverside Park to the west and Morningside Park to the north. There are plenty of opportunities to take in a concert at Lincoln Center, see a play on Broadway or eat at one of the thousands of restaurants throughout the city. The area is a great place for families with a large number of top-rated public and private schools. Nearby public transportation allows you easy access to the entire city,

from Yankee Stadium and the Bronx Zoo to Coney Island and the beaches in Rockaway, Queens.

DIVERSITY OF EXPERIENCE

The bulk of residency training takes place at two hospitals and three ambulatory sites throughout the city. Residents also rotate through one of New York City's prestigious cancer centers.

Mount Sinai West: With 505 beds, Mount Sinai West is a full-service community and tertiary-care hospital with an emergency department serving Midtown and the West Side of Manhattan. Since its founding in 1871, it has placed strong emphasis on primary and specialty care. Located near vibrant Columbus Circle, the catchment area is broad—from the Theater District to the Upper West Side. Mount Sinai West serves a diverse patient population that includes expanding oncology services.

Mount Sinai St. Luke's: With 523 beds, St. Luke's serves as the principal health care provider for the West Harlem and Morningside Heights communities and operates one of Manhattan's few Level 1 trauma centers. It is home to the Al-Sabah Arrhythmia Institute, a world-class, multidisciplinary center specializing in the management of cardiac arrhythmias. St. Luke's also enjoys an outstanding reputation for services in many other medical specialties, including Internal Medicine, Geriatrics, and HIV/AIDS. St. Luke's Hospital also continues to expand its commitment to community-based ambulatory care and access to primary and specialty care.

Ryan Centers: The Ryan Centers are a community-based outpatient clinic network dedicated to providing comprehensive care in a culturally sensitive environment. The centers traditionally serve those New Yorkers who do not normally have access to high-quality medical care. Our residents are assigned to see general medicine patients at one of three sites on the Upper West Side, including 46th Street, 97th Street and 125th Street.

Memorial Sloan Kettering Cancer Centers (MSKCC): Mount Sinai St. Luke's and Mount Sinai West is one of the few residency programs in New York City that offers rotations at Memorial Sloan Kettering Cancer Center, one of the world's premier institutions dedicated to cancer treatment and research. Residents have assigned rotations during their PGY1 and PGY2 years. They work with outstanding attending physicians, clinician/researchers and fellows and have plenty of opportunities to do hematology and oncology research. Many of our residents have served as chief residents at MSKCC and some have been accepted into their prestigious Hematology/Oncology Fellowship.

OUR FACULTY

As a medicine resident at Mount Sinai St. Luke's and Mount Sinai West, you will work with and be mentored by physicians who are dedicated to your education and training. The following is a sample of our program and divisional faculty leadership.

DEPARTMENT LEADERSHIP



Samuel L. Seward, Jr., MD, is the Chair of the Department of Medicine at Mount Sinai St. Luke's and Mount Sinai West and Associate Professor of Medicine (General Internal Medicine) at the Icahn

School of Medicine at Mount Sinai. He is a world authority in a rare genetic disorder, Hermansky-Pudlak Syndrome. He has won numerous local, regional and national awards in teaching, patient care and leadership.



Amy Rosenberg, MD, is Vice Chair for Administrative Affairs for the Department of Medicine at St. Luke's and West. She is extensively involved in quality improvement and patient safety activities for the

department. Dr. Rosenberg also remains actively involved in teaching residents, fellows and students on the Infectious Disease Consult Service.

PROGRAM DIRECTORS



John Andrilli, MD, is the Director of the Internal Medicine Residency Program at Mount Sinai St. Luke's and Mount Sinai West. He is an Associate Professor of Medicine (Division of

General Internal Medicine).



Alejandro Prigollini, MD, is the Senior Associate Program Director for the Internal Medicine Residency Program, Associate Professor of Medicine and the Site Director for Mount Sinai St. Luke's.

Dr. Prigollini has served as an APD since 2003. He has been responsible for faculty development in the Division of General Medicine, focusing on the learning environment and direct observation.



Georgina Osorio, MD, MPH, is the Associate Program Director for inpatient services at Mount Sinai St. Luke's for the Internal Medicine Residency Program, Assistant Professor of Medicine (Infectious Diseases) and currently Co-Chair of the

Ryan White Medical Providers Coalition. She is actively involved in teaching the residents and first year medical students at the Icahn School of Medicine. She received the "Excellence in Teaching Award" from the Class of 2016 for her outstanding contributions.



Tamara Goldberg, MD, is Director of the Primary Care Track, an Associate Program Director for the Internal Medicine Residency, and Assistant Professor of Medicine (General Internal Medicine). Her focus has

been on engaging residents in physician communication skills and quality improvement work, and serving as an adviser for residents interested in primary care.



Erica Vero, MD, is an Associate Program Director and Assistant Professor of Medicine (General Internal Medicine). Dr. Vero is a former Chief Resident at St. Luke's and West and is deeply involved in medical

education. She has been instrumental in the development of the wellness curriculum for our residents.



Dipal Patel, MD, serves as the Site Director for the residency program at the William F. Ryan Community Health Center and is Assistant Professor of Medicine (General Internal Medicine) as

well as an Assistant Program Director for Ambulatory Care. She is interested in outpatient graduate medical education and is board certified in Internal Medicine, Nephrology and Hypertension.



Geeta Varghese, MD, is Assistant Program Director for Ambulatory Care and Assistant Professor of Medicine (General Internal Medicine). She is Site Director at the Ryan Chelsea Clinton

Community Health Center.

FACULTY LEADERSHIP

Cardiology:



Jagat Narula, MD, PhD, is Professor and Division Chief of Cardiology at Mount Sinai St. Luke's and Mount Sinai West, the Philip J. and Harriet L. Goodhart Chair in Cardiology, and the Director of

Cardiovascular Imaging Program in Mount Sinai's Zena and Michael A. Wiener Cardiovascular Institute and the Marie-Josée and Henry R. Kravis Center for Cardiovascular Health. He is the Associate Dean

for Global Health at the Icahn School of Medicine at Mount Sinai. He is internationally recognized for his contributions to the field of cardiovascular immunology and imaging.



Eyal Herzog, MD, is Director of the Cardiac Care Unit and Director of the Echocardiography Laboratories at Mount Sinai St. Luke's. He is a pioneer in the creation of pathway-based algorithms,

which have been adopted nationwide. Dr. Herzog is the recipient of numerous awards including "Teacher of the Year" from the Department of Medicine at St. Luke's and West for eight years and the "Distinguished Physician of the Year" at St. Luke's and West in 2010.



Jacqueline E. Tamis-Holland, MD, is an interventional cardiologist and Assistant Professor of Medicine (Cardiology) at Mount Sinai St. Luke's and Mount Sinai West. She is the Associate Director

for the Mount Sinai St. Luke's Cardiac Cath Labs as well as Program Director for the Interventional Cardiology Fellowship. Dr. Tamis-Holland is a spokesperson for the American Heart Association, and is on the writing committee for the American Heart Association/American College of Cardiology's "Guidelines for ST Segment Elevation Infarction."



Angela Palazzo, MD, is the Associate Division Director for Inpatient Cardiology Services. She is Assistant Professor of Medicine and her areas of interest are inpatient services including QI and advancement in invasive cardiology.

Endocrinology:



Jeanine Albu, MD, is the Chief of the Division of Endocrinology, Diabetes and Bone Diseases and the Chief of the Metabolism and Diabetes Clinic. She has special expertise in the evaluation and

treatment of obesity and diabetes mellitus. Her research interests are: obesity-related metabolic abnormalities such as glucose intolerance, hyperinsulinemia and insulin resistance, hyperlipidemia and the insulin action on lipid metabolism, body fat distribution and body composition and their influence on metabolism, and energy metabolism and substrate utilization.



Deena Adimoolam, MD, is the Associate Program Director for the Endocrinology Fellowship based at Mount Sinai St. Luke's and West and Assistant Professor of Medicine. Her clinical interests are obesity, weight loss, diabetes and thyroid disorder. She received the Presidential Service Award presented by Former President Bill Clinton for her community service efforts.

Gastroenterology



Michael Smith, MD, MBA, is the Chief of the Division of Gastroenterology at Mount Sinai St. Luke's and Mount Sinai West and is Associate Professor of Medicine (Gastroenterology). He has published

extensively on esophageal diseases and has consistently led funded research. His clinical and research interests include Barrett's Esophagus and GERD.



Il Joon Paik, MD, is the Director of Neurogastroenterology and Motility Lab at Mount Sinai St. Luke's and Mount Sinai West. He is an expert in the digestive disorders of seniors and

specializes in swallowing disorders, GERD, reflux and other motility dysfunction. He is Assistant Professor of Medicine (Gastroenterology).

General Internal Medicine



Kevin Yan, MD, is Assistant Professor of Medicine and a graduate of the Internal Medicine Residency Program at Mount Sinai Beth Israel. His clinical interests include medical education and improving access to primary care.

Geriatrics and Palliative Medicine



Katherine Mark, MD, is Assistant Professor of Medicine, Inpatient Site Director for Geriatrics and Palliative Care Medicine and Medical Director for inpatient hospices. She is interested in quality improvement and

patient safety, and is focused on improving communication with and access for elderly patients.

Hematology/Oncology



Gabriel Sara, MD, is Medical Director of the Mount Sinai West Chemotherapy Infusion Site and Executive Director of the Patient Services Initiative of the Mount Sinai Chelsea cancer program.

Dr. Sara is treasured by housestaff for his unwavering dedication to teaching and the care of his patients. He was awarded the "Wholeness of Life Award" by the hospital's chaplaincy in recognition of his holistic approach to patient care.



Lawrence I. Cytryn, MD, is Associate Professor of Medicine and expert in hematologic disorders. An enthusiastic educator, Dr. Cytryn consistently earns praise from students, residents and fellows for his passion for the subject matter, his devotion to patient care and his investment in his students' learning.

Hospital Medicine



Grace Farris, MD, is the Chief of the Division of Hospital Medicine at Mount Sinai West and Associate Professor of Medicine. She is primarily interested in quality improvement initiatives related to patient outcomes.



Brian Markoff, MD, is the Chief of the Division of Hospital Medicine at Mount Sinai St. Luke's and Associate Professor of Medicine). Until recently, he was the Associate Program Director for Quality at the Internal Medicine Residency Program at The Mount Sinai Hospital. His interests include quality improvement and high-value care.



Rishi Malhan, MD, is Assistant Professor of Medicine. His interests are value-based care, patient safety, quality improvement, resident teaching and utilization management.



John Greely, MD, is Assistant Professor of Medicine who prior to transferring to the Hospital Medicine group, was a long-time practicing internist who cared for patients with chronic health conditions.



Ashwin Sawant, MD, is Clinical Instructor of Medicine and a proud graduate of the Internal Medicine Residency Program at Mount Sinai St. Luke's and Mount Sinai West. His clinical interests are in quality improvement and patient safety.

Infectious Diseases



Erna Milunka Kojic, MD, is the Chief of Division of Infectious Diseases at St. Luke's and West and is Associate Professor of Medicine. She has published extensively on HIV/AIDS and has consistently been funded by NIH. Her clinical and research interests includes HPV and HIV co-infection including prevention of HPV infection.



Diana Nurutdinova, MD is Director for the combined Infectious Diseases Fellowship at Mount Sinai St. Luke's, Mount Sinai West and Mount Sinai Beth Israel and Associate Professor of Medicine. She is focused on the treatment of individuals with STDs and HIV in the primary care setting.



Jose Fefer, MD is Assistant Professor of Medicine and is primarily interested in the care of HIV/AIDS patients at the Institute for Advanced Medicine.

Nephrology



Ira S. Meisels, MD, is the Division Chief of Nephrology and Director of Dialysis at Mount Sinai St. Luke's and Mount Sinai West, Co-Chair of the Medical Advisory Board of the National Kidney Foundation of Greater New York and Associate Professor of Medicine. He is a beloved teacher of housestaff.



Steven Smith, MD, is the Program Director of the Nephrology Fellowship and Assistant Professor of Medicine. He has special training and long-term experience in caring for patients with kidney transplants.

Pulmonary/Critical Care



David Steiger, MD, is Professor of Medicine and Chief of the Division of Pulmonary, Critical Care and Sleep Medicine at Mount Sinai West and Mount Sinai Beth Israel. He is an expert in interstitial lung disease, perioperative medical management, critical care medicine and a researcher in cognitive dysfunction in orthopaedic surgical patients.



Mirna Mohanraj, MD, is the Associate Director of the Pulmonary/Critical Care Fellowship at Mount Sinai St. Luke's and Mount Sinai West and Assistant Professor of Medicine. She is also Director of the Lung Nodule Program and Director of the Procedure Service. She is actively involved in teaching the residents quality improvement projects and research.



Janet M. Shapiro, MD, is Associate Professor of Medicine and Director of Critical Care Unit at Mount Sinai St. Luke's and beloved teacher of the housestaff.

Dr. Shapiro is a prolific author with special interests in status asthmaticus and critical care of the obstetric patient and is always actively involved in our weekly Morbidity & Mortality Conferences. In practice, she is a paradigm of excellence and ethics in medicine, continuously demonstrating to us by example the art of compassion and empathy during difficult crossroads in patients' lives.

Rheumatology



Yousaf Ali, MD, is Associate Professor and Chief of the Division of Rheumatology. He has received numerous teaching awards including the prestigious Beckwith Family Award. He conducts clinical research in rheumatoid arthritis.

EDUCATIONAL INNOVATIONS

As a resident at Mount Sinai St. Luke's and Mount Sinai West you will take part in a rigorous training that reflects a spirit of innovation in medical education. While we have the traditional conferences and methodologies for teaching, such as chart review, Morbidity & Mortality, evidence-based medicine and journal club to name a few, our program has a long history of innovation in education. Many of these improvements are nationally recognized and have been adopted by major medical institutions throughout the country. As our housestaff knows, we are proud of our dynamic reputation and we are not shy to change a system if it improves education and training.

6+2 Ambulatory Block Model: Ours was one of the first residency programs to implement the unique system of two-week ambulatory blocks

occurring every eight weeks. A dedicated two-week block allows for a much richer outpatient exposure and makes room for a number of educational activities including work in the Simulation Lab, the communications workshop and evidence-based medicine sessions, to name a few. Apart from Internal Medicine continuity clinics, residents have opportunities to rotate through a wide range of subspecialty clinics. Ambulatory didactics are conducted during two half-day sessions, which include clinical topics and an evidence-based medicine seminar which teaches residents to critically analyze medical literature. Dedicated time is set aside for the Johns Hopkins online modules, which all residents are expected to complete.

No 24-Hour Call: In our program, there is no 24-hour call. To ensure coverage, the Department of Medicine has adopted a universal night float system for inpatient floor rotations and the intensive care units. Residents feel this enhances their learning experience and decreases fatigue associated with overnight call.

Center for Advanced Medical Simulation (CAMS):

We believe that training and educating tomorrow's physician leaders includes not only didactic and book learning, but hands-on experience. The largest simulation center in Manhattan and one of just fifty nationwide, our state-of-the-art center is the only accredited simulation center in New York City providing vibrant and dynamic training for our residents. A standardized curriculum that teaches diverse skills such as communication in stressful situations, procedures such as ultrasound-guided central line insertion and leadership skills in medical code scenarios is taught to all housestaff. Each session in the simulation lab is directly observed by our faculty and each participant of the simulation is debriefed and given feedback at the end of the session. There are also a number of research studies being conducted at the CAMS. Residents rotate regularly through the center during their ambulatory blocks and during their Mount Sinai West floor and ICU blocks. Residents work closely with the faculty of the Sim Center as part of their training.

WELLNESS CURRICULUM

The goal of our Wellness Curriculum is to take our practice of medicine to a higher level of satisfaction, effectiveness and meaning — thus positively changing our lives, the care of your patients and the lives of those around us. Our overarching goal is to

expose residents to a variety of ideas and practices with the goal of strengthening the bonds within our community, alleviating and preventing burnout, fostering empathy, and ultimately improving our care of patients while finding more meaning and joy in our chosen profession.

Although our more formally structured Wellness Curriculum began during the fall 2015, our history as a program has always been one that prioritizes resident well-being and embodies a strong sense of family community. We have been extremely fortunate to have faculty dedicated to resident wellness activities, such as mindfulness and integrative medicine, for many decades. Our current formal Wellness Curriculum incorporates medical humanities, mindfulness training, integrative medicine and even a number of in-house yoga sessions. The medical humanities branch of the program has included Narrative Medicine sessions, Reflection Rounds (developed by one of our residents), and Art inSight (a course at the Metropolitan Museum of Art which uses fine arts as a medium to reflect on the experiences of physicians in training as well as enhance our observational skills).

This year our mindfulness sessions continue to focus on our PGY1 residents. They are conducted by renowned facilitators who are trained in MBSR (Mindfulness-Based Stress Reduction): Patricia Bloom, MD, Vani Gandhi, MD, Mickie Brown, RN, Archimedes Bibiano and Kayleigh Vogel. Examples of session content include: *Mindful Moments Practices, Mindful Speaking/Mindful Listening, Self Compassion and Compassion, and A Breath Practice to Use with Patients.*

The curriculum for our PGY2s and PGY3s is primarily based on facilitated discussion. We have had a variety of facilitators that have ranged from individuals trained in Narrative Medicine, to the Director of the Department of Spiritual Health at MSSSLW, to artists from The Met Museum, to our very own enthusiastic hospitalists who care deeply about our residents. And themes for these sessions run the gamut and are constantly evolving to suit the interests and needs of our housestaff.

Since our preliminary interns are with us for only one year, we encourage them to attend any and all of the above sessions and we support coverage from their supervising categorical residents to facilitate their attendance. With the help of our residents, each year our curriculum evolves. We are thrilled to have a creative and diverse housestaff who continue to share their passions and unique talents in order to enrich our family's common journey.

MENTORING AND CAREER DEVELOPMENT

One of the most important things the Department of Medicine does is to prepare our housestaff for each phase of their medical careers. The mentoring involves guidance on patient care, teaching and planning life beyond residency.

Morchand Center at the Icahn School of Medicine at Mount Sinai:

At St. Luke's and West, we believe that learning to communicate effectively in a dynamic and culturally diverse environment is as important as what is being communicated. We teach these skills through role-playing scenarios so each and every resident develops into an outstanding communicator even in challenging clinical situations. Since we are part of Mount Sinai system, our trainees have access to The Morchand Center at Mount Sinai, a place for communication skills development for the housestaff. All categorical interns go through the sessions with feed back by faculty preceptors and with video recording for personal development.

Mentoring System and Career Development:

From your first day as a member of our housestaff you will be assigned a mentor and a chief resident who comprise your mentoring team and will provide guidance throughout your training. You will develop additional mentors — either clinical or research — as you develop more specific areas of interest. We have rigorous and challenging fellowships in Cardiology, Endocrinology, Gastroenterology, Infectious Diseases, Nephrology and Pulmonary/ Critical Care Medicine. Our goal is to create a web of support and camaraderie for you as you navigate your residency and future graduate medical training.

Special Events: Each year we hold a job fair to educate our soon-to-be-graduates about their future career options. At the job fair, we discuss interviewing skills, contracts, and successful CV writing among other things. We also have a fellowship workshop to assist our end-of-year PGY2s navigate the process of applying for fellowship. We discuss how to obtain letters of recommendation and interview strategies to ensure a successful match. A research seminar is planned for the fall to assist PGY1s and PGY2s develop their research portfolio.

At the end of the academic year, the Department of Medicine also organizes an annual retreat for rising PGY1s and PGY2s to aid with their transition to their new roles and responsibilities of the next academic year. Residents are guided in teaching methods, learning to give feedback, and taking on team leadership roles as well as improving overall patient care.



Education Tracks



Whether you choose to do a three-year categorical residency, our primary care track, or a one-year preliminary year, our goal is to provide you with a rich and diverse range of clinical training and educational experiences that will prepare you to be an outstanding physician.

To ready graduates for the changing world of academic medicine, our training program includes a full spectrum of patients and medical problems with an emphasis on hands-on training where residents are directly responsible for the care of their patients.

Conferences and Teaching: The Department of Medicine places a strong emphasis on education and teaching. At weekly Department of Medicine Grand Rounds, selected local, national and international experts speak about the latest innovations in their fields. Residents are also encouraged to attend divisional rounds in Cardiology, Pulmonary/Critical Care, Nephrology, Infectious Diseases, Hematology/Oncology, Geriatrics, Psychiatry and Neurology.

Three times a week, residents have Morning Report which is structured as a case-based learning experience for both the simple and complex patients. Faculty participate in this conference, discussing differentials, diagnostic strategies and treatment decisions in an interactive format. At the St. Luke's site, housestaff also participate in Autopsy Conference every other week, a multidisciplinary conference with Radiology, Pathology and Medicine in attendance that takes place in a special conference room in the Pathology suite. Interactive seminars also include weekly Morbidity & Mortality Conference, Journal Club, and an extensive resident wellness curriculum.

Finally, there is a daily noon conference, which is a vital part of our three-year curriculum designed to cover all important topics of Internal Medicine. Speakers include faculty, fellows and PGY3s, who present one senior lecture representative of their scholarly activity.

CATEGORICAL RESIDENCY

After three years of training in Internal Medicine, our residents are fully prepared for any career in medicine they chose to pursue. Each year of training adds progressively more responsibility for both the care of patients and teaching less-experienced learners.

PGY1: As a PGY1, you will be exposed to the breadth and depth of Internal Medicine. You will spend on average two months on the General Medicine floors, admitting both routine and unusual cases. You will

begin to learn HIV medicine on our inpatient services for four weeks and Cardiology for another month. You will get the opportunity to fine-tune your Neurology examination skills with two weeks on the Neurology consult service. All interns have two weeks of electives in Endocrinology to obtain exposure to this subspecialty. Our interns develop skills in the care of critically ill patients in both the CCU and the Medical ICU. A month at Memorial Sloan Kettering Cancer Center (MSKCC) affords the opportunity to be exposed to quaternary-level cancer care.

A typical PGY1 schedule is as follows:

PGY1	Weeks
Gen Med Floors	4-8
Specialty Floors	8-10
MSKCC	4
Elective/Research	2
Night Float	4-6
MICU	4-6
CCU	2-4
Ambulatory Care	12-14
Vacation	4
Selective	4

PGY2: As a PGY2, you gain more responsibility for patient care and supervision of the team on the General Medicine floors and subspecialty teams (HIV, Cardiology). Half of the class has an additional opportunity to rotate through MSKCC. One full month is spent in the Emergency Department and Critical Care units to build confidence in our residents to care for critically ill patients.

A typical PGY2 schedule is as follows:

PGY2	Weeks
Gen Med Floors	6-10
Specialty Floors	4-8
MSKCC	4
ED	4
Selective	6
Elective/Research	6
Night Float	4

MICU	4-8
CCU	2-8
Ambulatory Care	12-14
Vacation	4

PGY3: For PGY3s, the formative experience is the time spent as the screening consult resident who is the liaison for patients going to the ICU and the medical consult resident who provides consultation to other services in the hospital. Seniors also spend time on the floors and in the critical care units to consolidate their leadership skills. Time is allocated for you to customize your schedule based upon your particular career interests.

A typical PGY3 Schedule is as follows:	
PGY3	Weeks
Gen Med Floors	4-8
Specialty Floors	2-4
MICU	2-4
Selective	6-8
Elective Research	8
ICU Screens	2-4
Medical Consult	2-4
Ambulatory Care	12-14
Vacation	4

AMBULATORY BLOCKS

During their two-week ambulatory blocks, categorical residents have the unique opportunity to serve as primary care providers for a panel of patients at one of three community-based centers. These centers are part of the William F. Ryan Community Health Network, a Federally Qualified Health Center accredited by the Joint Commission and an NCQA Level 3 Patient-Centered Medical Home, which provides high quality care to vulnerable, under- and uninsured populations. Additional time is spent in the outpatient subspecialty clinics, such as Cardiology, Gastroenterology, Nephrology, Pulmonary, Rheumatology and Endocrinology.

Complementing this extensive outpatient clinical exposure, we offer a rich, weekly academic half-day

that includes seminars in core topics of primary care medicine, evidence-based medicine, and wellness sessions. Our PGY1 residents also have an additional academic half-day each block for Art and Practice sessions, which focus on equitable patient-centered care topics such as unconscious bias, social determinants of health and health literacy. Woven throughout the block is our quality improvement curriculum which includes real-time, resident-driven project implementation, classroom didactics, and online certification modules. Finally, it is during the ambulatory blocks that residents engage in Simulation Lab activities.

PRIMARY CARE TRACK

The Internal Medicine Residency Program at St. Luke's and West recognizes the unique skillset required of primary care physicians to practice in our current health care landscape. As such, we are thrilled to offer an innovative Primary Care Track for residents seeking to become experts in primary care medicine. Through this track, residents gain enhanced exposure to topics beyond those typically covered in the traditional ambulatory block. The track is fully integrated into our categorical program; Primary Care Track residents engage in the same rotations as their colleagues, including the Intensive Care Units, yet are provided increased elective time dedicated to primary care-related activities. All primary care track residents will maintain a practice at the Ryan Adair Center in Central Harlem, located in a HRSA-designated medically underserved area, which will allow exposure to a diverse population with a multitude of complex diseases.

The track is composed of clinical and non-clinical experiences as well as half-day didactic sessions during Primary Care elective blocks. Educational sessions for residents in the track cover a broad array of topics introducing residents to the fundamentals of primary care medicine such as healthcare policy and practice models, population health, addiction medicine, physician communication skills, musculoskeletal exam skills, pearls of coding and billing, behavioral health integration, community oriented primary care, hands-on procedural sessions in the Simulation Lab, ethics, reflection rounds, cultural competency, and geriatric medicine. All Primary Care Track residents are expected to develop a longitudinal project over the course of

three years with protected project time allotted during each primary care block.

Our outstanding primary care faculty, who are committed to educating and mentoring the next generation of primary care physicians, bring to the table a broad range of clinical and academic interests. Through this track we aim to provide general skills training while supporting each resident in their particular area of interest within primary care.

Features of our Primary Care Track include:

- Participation in an immersive community medicine rotation focused on caring for urban, at-risk populations
- Exposure to a multitude of primary care-relevant clinical opportunities
- Clinical rotation at an HIV primary care faculty practice
- Protected didactic sessions and workshops focused on primary care medicine topics
- Home visits with the nationally renowned Visiting Doctors Program at Mount Sinai
- Exposure to innovative practice models
- Longitudinal project engagement with 1:1 faculty mentorship
- Individually tailored elective schedules as PGY2 and PGY3

The training schedule is as follows:

PGY1: (3 elective blocks) All PGY1s participate in a novel community medicine rotation focused on caring for at-risk populations near their outpatient clinic site in Central Harlem. The rotation introduces residents to topics such as social determinants of health and health disparities, community-based organization partnerships, home visits, addiction medicine, immigrant health, and the impact of community on health outcomes. In addition, PGY1s in the track will have the opportunity to engage in a broad range of relevant clinical rotations including; family planning, musculoskeletal medicine, home visits, dermatology, primary care for patients with HIV, and exposure to innovative primary care practices.

PGY2: (3 elective blocks) PGY2s have the opportunity to participate in the sessions above in addition to crafting a more tailored schedule focused on their particular area of interest. Additional independent study time is allotted to allow residents to develop a longitudinal project with a focus on one aspect of

comprehensive care. Such projects can include quality improvement initiatives, advocacy, and curriculum development and will be overseen by faculty mentors, with the goal of presenting the work to a broader academic audience.

PGY3: (4 elective blocks) PGY3s will devote time to independent projects and individually tailored clinical experiences, as well as hone their leadership and teaching skills through Resident-as-Preceptor sessions in the outpatient resident clinics. In addition, transition-to-practice didactics and career seminars will provide guidance toward life after residency. PGY3s will have the opportunity to lead some of the small group discussions for all PC Track residents centered on a topic of their choosing.

Applicants interested in the Primary Care Track should apply using our separate NRMP number. For further questions, please contact the Primary Care Track Director, Dr. Tamara Goldberg at Tamara.Goldberg@mountsinai.org.

PRELIMINARY RESIDENCY

Our preliminary program is designed to provide a solid one-year foundation in clinical medicine for those entering other specialties. You will receive a rigorous and thorough basic training in Internal Medicine, with rotations on general inpatient medicine, HIV medicine, Cardiology, and Critical Care medicine. By the end of training, graduates of our preliminary program are capable of managing most medical conditions. Additionally, all preliminary interns will have at least eight weeks of call-free elective time during the year, which can be spent in the Internal Medicine subspecialties, non-medical subspecialties (such as Radiology), and can be completed at any of the campuses in the Mount Sinai Health System.

A typical Preliminary Schedule is as follows:	
Preliminary	Weeks
General Medicine Floors	16-20
Specialty Floors	8
MICU	4-6
Elective Research	8
Night Float	6
Vacation	4



The Class of 2018: Where are they now?

CATEGORICAL GRADUATES

Hany Abdallah	Critical Care	Icahn SOM at Mount Sinai
Suraiya Afroz	Rheumatology	University of South Florida - Tampa
Syed Adeel Ahsan	Cardiology	Westchester
Johat Aponte	Hospitalist	Mercy Hospital
Fiona Boland	Hematology/Oncology	Albert Einstein College of Medicine
Daniel Castaneda Mayorga	Gastroenterology	Cleveland Clinic Florida
Suma Chandrasekaran	Hospitalist	Weiler Hospital
Hayley Chester	Primary Care	Mount Sinai Doctors
Aditi Chincholi	Primary Care	Mercy Physician Network
Deborah Edelman	Internal Medicine	Mount Sinai St. Luke's/Mount Sinai West
Farid Gholitabar	Chief Resident	Icahn SOM at Mount Sinai/MSSSLW
Debbie Goodman	Primary Care	Mount Sinai Doctors
Regina Gorman	Hospitalist	Mount Sinai St. Luke's
Medhavi Gupta	Hematology/Oncology	University of Buffalo
Seyed Hamed Hosseini Dehkordi	Cardiology	University of Kansas
Zishuo Hu	Hematology/Oncology	National Institutes of Health
Nader Ishak Gabra	Pulmonary/Critical Care	Lenox Hill
Rupa Iyengar	Cardiology	Icahn SOM at Mount Sinai/MSBI
Ermias Jirru	Pulmonary/Critical Care	Weill Cornell
Mustafa Kagalwalla	Nephrology	University of Illinois at Chicago
Iyad Kejo	Hospitalist	Montefiore Medical Center
Ali Khan	Hospitalist	Mount Sinai West
Alexandre Khoury	Emergency Medicine	Icahn SOM at Mount Sinai/MSSSLW
Shawn Lee	Chief Resident	Icahn SOM at Mount Sinai/MSSSLW
Sung Lee	Cardiology	University of Buffalo
Alejandro Lemor Ferrand	Cardiology	Henry Ford Hospital
Katherine Lopez Gordillo	Endocrinology	Icahn SOM at Mount Sinai/MSSSLW
David Mariuma	Nephrology	Icahn SOM at Mount Sinai/MSH
Timothy Mathews	Hospitalist	Novant Health Inpatient Care
Ahmedreza Moradi	Cardiology	Bronx Lebanon
Chebli Mrad	Hematology/Oncology	University of Buffalo
Christine Nguyen	Pulmonary/Critical Care	Icahn SOM at Mount Sinai/MSSSLW
Di Pan	Internal Medicine	Mount Sinai West
Olga Reynbakh	Cardiology	Albert Einstein College of Medicine
Thalia Salinas	Nephrology	Weill Cornell
Joseph Sassine	Chief Resident	Icahn SOM at Mount Sinai/MSSSLW
Saman Setareh-Shenas	Cardiology	Icahn SOM at Mount Sinai/MSSSLW
Surina Sharma	Sleep Medicine	University of Florida
Jonathan Stoever	Pulmonary/Critical Care	Icahn SOM at Mount Sinai/MSSSLW
Astha Thakkar	Chief Resident	Icahn SOM at Mount Sinai/MSSSLW
Heather Viola	Chief Resident	Icahn SOM at Mount Sinai/MSSSLW
Allen Weiss	Hospitalist	Wilkes-Barre General Hospital
Wen Zhang	Hospitalist	Abington Memorial Hospital

PRELIMINARY INTERNS

Sunjay Barton	Radiation Oncology	NYU
Li-Wei Chang	Dermatology	UPMC
Renee Fruchter	Dermatology	Albert Einstein Medical College
Mark Ghassibi	Ophthalmology	Hofstra-Northwell/LIJ
Chloe Goldman	Dermatology	University of Miami
Jaspreet Hira	Diagnostic Radiology	University of North Carolina
Brian Krawitz	Ophthalmology	Columbia University
Sophie Leung	Radiology	NYU
Jack Levy	Dermatology	Emory University
Shelley Mo.	Ophthalmology	UPMC
Edward Rothenberg	Radiology	University of Southern California
Taylor Schwartz	Pathology	Weill Cornell
Rachel Sennett	Dermatology	UC-San Diego
Gibran Shaikh	Dermatology	University of Maryland
David Smith	Diagnostic Radiology	University of Michigan
Usama Syed	Dermatology	Icahn SOM at Mount Sinai/MSH
Jordan Thompson	Dermatology	Brown University
Nicole Topilow	Ophthalmology	Bascom Palmer Eye Institute
Andrea Yonge	Ophthalmology	UCLA

CHIEF RESIDENTS

Jasmine Beria	Hospitalist	NYU Winthrop
Ashish Correa	Cardiology	Icahn SOM at Mount Sinai/MSSSLW
Rodrigo Garcia-Tome	Pulmonary/Critical Care	University of Southern California
Siddharth Kunte	Hematology/Oncology	Cleveland Clinic
Lindsay Morrison	Infectious Disease	Northwestern

Our Residents



Our residents match the diversity of the patients we serve. They come from New York City, the tri-state region, across the United States and all over the world. Our residents embrace the opportunity to learn about different cultures and traditions as much as from each other as from their patients.

Five exceptional and dedicated housestaff are chosen annually to stay on an additional year. They are role models, educators, leaders and housestaff advocates. In addition to scheduling conferences and speakers at Grand Rounds, they are an invaluable resource for teaching, conducting rounds, disseminating medical literature and overseeing administrative and educational aspects of the program.

RESIDENT LIFE

While the demands of residency are great, it is possible to take advantage of living in one of the greatest, most culturally vibrant cities on the planet. Throughout the year there are numerous planned activities that build camaraderie among the residents and allow you to have a good time. From the talent show to the holiday party to the end-of-the-year party, our residents truly enjoy each other's company and like to spend time hanging out with each other. In addition, residents participate in a soccer club, happy hours and promotional group activities such as theater, museum and Central Park events.

Housing: The hospital provides housing for residents across the street from Mount Sinai West. The two buildings located at 515 West 59th Street and 10 Amsterdam Avenue have apartments for residents at a subsidized rate, below market-value. Studios, one- and two-bedroom apartments are available, each with modern amenities like heating/air-conditioning units, laundry machines in the building and 24-hour security.

Transportation: There is a bus service ("the Jitney") provided between our St. Luke's and West campuses and most housestaff use that or public transportation to get around. For those residents who choose to live off-campus, and to drive to work, there is subsidized parking at lots conveniently located near the hospitals.

Benefits & Salary: Residents at Mount Sinai St. Luke's and Mount Sinai West are all part of the Committee of Interns and Residents (CIR) union.

Representatives are chosen from the department and serve as delegates for the residents. The compensation package includes comprehensive medical, dental and vision benefits, as well as life insurance. In addition, residents receive four weeks of paid vacation, malpractice insurance paid by the hospital, disability insurance and reimbursement for travel to academic conferences.

Year	Salary
PGY1	\$63,935
PGY2	\$68,124
PGY3	\$72,297

HOW TO APPLY

The hospitals of the Mount Sinai Health System select trainees based on their ability and without regard to race, color, creed, religion, national origin, age, gender, marital status, military status, disability, citizenship, genetic predisposition, sexual preference, or any other characteristic protected by law.

The Department of Medicine accepts applications exclusively through the Electronic Residency Application System (ERAS). In November 2015, Mount Sinai Roosevelt name was change to Mount Sinai West. The ACGME program may still reflect the old name.

Program Name	NRMP Number
Internal Medicine	2070140C0
Medicine-Primary	2070140M0
Medicine-Prelim	2070140P0

Required Documentation

- Personal statement
- Dean's letter
- Medical school transcript
- Three letters of recommendation, at least one of which is written by faculty from the applicant's home institution's Department of Medicine
- Medical school graduation: 2012 or later

While we do not have minimum score requirements for the United States Medical Licensing Examination (USMLE), typically candidates who match with us have a score above 240. Only applicants who cleared the USMLE or COMLEX at **first attempt** will be considered.

- We sponsor J-1 and H1-B visas.
- Clinical experience within the past two years is preferred.
- US clinical experience is desired.
- We do not offer pre-matches.
- ECFMG certification by the time of interview is helpful but not required

Application Timeline	
September 15:	ERAS post office opens
Late September:	Begin screening applications
Early October:	Begin sending interview
End of October:	Interviews begin
December 15:	Application deadline
Mid-January:	Interviews end
Late February:	Rank lists entered

Interviews: We interview candidates from mid-October to mid-January. The interviews are conducted on Tuesdays and Wednesdays.

Interview Day: The interview day begins at 8:00 am; a continental breakfast is served. The morning session may be either at Mount Sinai St. Luke's or at Mount Sinai West. You will hear a presentation from the programs leadership describing various features of our program, attend Morning Report, take a tour of the hospital and be interviewed by two faculty members. You will also have lunch with the housestaff, affording you the opportunity to get to know them and ask questions. After lunch, you will be taken by the Jitney to tour the other hospital. The tour at West will also include a visit to the subsidized resident's housing located across the street. The interview day ends at approximately 2:30 pm. For information on directions and parking, please refer to our website.

For IMGs

J-1 Exchange Visa: The J-1 has been the visa most commonly held by international medical graduates (IMGs) engaged in residency training in the United States. The Graduate Medical Education (GME) Office of Mount Sinai St. Luke's and Mount Sinai West is responsible for processing of J-1 visa applications for physicians participating in clinical training programs.

H1-B Temporary Worker Visas: Under certain circumstances, the Graduate Medical Education (GME) office at Mount Sinai St. Luke's and Mount Sinai West may sponsor international medical graduates for H1-B visas for the purpose of receiving graduate medical education training. The only candidates who will be considered for H1-B sponsorship must be categorical candidates entering a training program of at least two years in length, who are (1) ECFMG certified and (2) must have also passed the USMLE step 3 by the time of the match result (usually mid-March). All sponsored candidates for H1-B visas must use the services of the lawyer associated with our GME.

Other Work Permits: If you are expecting to receive a work permit by means other than the J-1 or H1-B visas, please review the circumstances with the program director or coordinator who will communicate this information to the GME Office.

Please note that we do not offer observerships or externships.

CONTACT US

Mount Sinai St. Luke's
1111 Amsterdam Avenue
New York, NY 10025

Mount Sinai West
1000 Tenth Avenue
New York, NY 10019

FOR ANY QUESTIONS, PLEASE CONTACT:

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Icahn School
of Medicine at
**Mount
Sinai**

**Mount Sinai St. Luke's & Mount Sinai West
Internal Medicine Residency Program**

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